

Arnis Balite Seminar
Huli Lusob
15 July 2005
Kenpo Center for Martial Arts
718 Washington Street
Dedham, Ma 02026.
(781) 326-2262

Punong Guro Steven K. Dowd, Inheritor of Arnis Balite presented a section of the Arnis Balite style known as Huli Lusob [Capture, Trap and Attack] at the Kenpo Center for Martial Arts 718 Washington St. Dedham, Massachusetts, owned by Master Darryl Hinthorne.

Commencing with a short history and introduction of Arnis Balite, Punong Guro Dowd continued with the fundamentals, philosophies and theory of Huli Lusob. Breaking the seminar into sections he demonstrated and had the participant's pair off with partners to practice the techniques. Punong Guro Dowd moved through the participants working with them so they fully understood the fundamentals.

The seminar continued after 8 pm until the school had to close for the night. Dropping in to visit with Punong Guro Dowd were friends such as Professor James E. Jones of the All Traditional JuJitsu Society and Grandmaster Al Cunningham of American Kenpo & Taiho-Jitsu.

Punong Guro Dowd also qualified Guro Santos Hernandez to teach the fundamentals, philosophies and theory of Huli Lusob while visiting Massachusetts.



Arnis Balite Seminar - Dedham, Massachusetts



www.smakstiks.com



Vicky Dowd displayed **Smak Stiks** besides selling Arnis Balite books and shirts.