

Arnis Balite Training

May 17, 2007

Punong Guro Steven Dowd, visited Professor Max Pallen of Senkotiros, and held a small training session at the Holly Community Center, in Union City, California, with the support of Professor Max Pallen.

The session was for young practitioners and covered the basics of Arnis Balite and Huli Lusob (capture, trap and attack). The students, which are training in Senkotiros adapted well to the training of Arnis Balite and were a pleasure to work with.

Also Professor Max Pallen took Punong Guro to two other schools which are operated by his sons, Master Jordan Pallen and Master Joseph Pallen.



Holly Community Center

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